

# Welcome to the Victory College Tuckshop!

We are open for both breaks,  
Monday through to Friday.

When writing out your tuckshop order, please ensure your **child's name, year, items ordered and break time** are clearly written on each order, Please separate bags for each break, and where possible, include correct change. Please fold your tuckshop bag down to keep money inside or place in a plastic bag (within the tuckshop bag).

**1st Break: 11:05am - 11:45am**  
**2nd Break: 1:05pm - 1:35pm**

Please write on tuckshop bags only. You are welcome to collect tuckshop bags for home (these are available at the Tuckshop or in all Primary classrooms).

**Primary classes** place orders in their classroom which are then taken to the Tuckshop. Primary lunches are delivered to the designated eating areas. Parents are welcome to order lunches directly from the Tuckshop between 8:30am - 9:00am.

**Secondary students** can place their order directly at the tuckshop between 8:30am - 8:50am.

*Any child who has forgotten their lunch will be able to acquire a sandwich of their choice, a piece of fruit or fruit cup, and a popper or water, at the expense of the parent. A slip will be sent home from the tuckshop, detailing the amount that is owed.*

*Feedback is always welcome! Please don't hesitate to call in or send us an email with any suggestions.*

*Our tuckshop is supported by a fabulous volunteer team. We strive to serve healthy and affordable food to our students. If you would like to be a part of this great team (even for just a few hours a week) we would love to hear from you!*

*[tuckshop@victorycollege.com](mailto:tuckshop@victorycollege.com)*

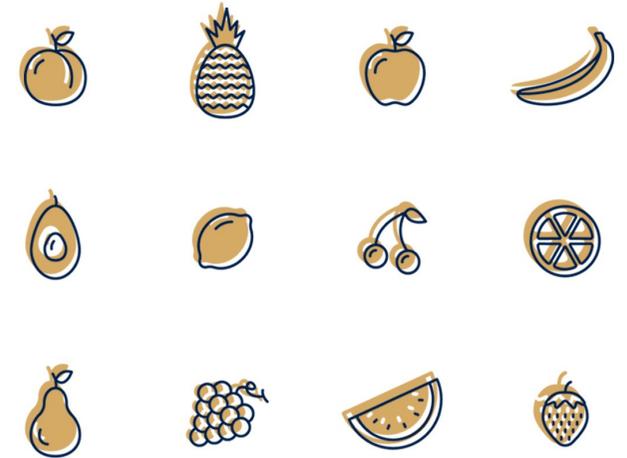


You may have noticed drink prices have increased slightly this term. This is a result of the 'Containers for Change' recycling initiative, designed to reduce plastic waste to landfill.

Our Student Representative Council are enthusiastically running this program in the College and are excited to be a part of making a difference.

If you would like to be involved with this important environmental fundraiser, please use the registration number below when depositing your own containers at the local Collection Centre:

**CI0194717**



## TUCKSHOP MENU



## MAIN MEALS

### Salads

Fresh Garden Salad	Small	\$4.00
	Large	\$5.00

Add chicken or ham for \$1.50

Balsamic/lemon & garlic dressing on request

Chicken Caesar Salad <b>(GF available)</b>		
	Small	\$4.50
	Large	\$5.50

### Sandwiches & Wraps

Please specify; white bread, multigrain bread or wrap. Gluten-Free bread additional 80c

Jam, Vegemite, Honey	\$1.50
Cheese	\$2.00
Egg (free-range)	\$3.50
Ham	\$3.00
Chicken (grilled breast)	\$4.00
Chicken Caesar (wrap only)	\$6.00
Ham & Salad or Chicken & Salad	\$5.50
Salad	\$4.00

#### Sweet Chilli Tender Chicken Wrap

(lettuce, tomato & cheese, with sweet chilli sauce and mayo on request)

Half wrap	\$3.70	Whole wrap	\$6.50
All Salads			\$7.00

Extra: Lettuce/tomato/beetroot/cucumber/capsicum/carrot/onion **\$0.30**  
Cheese **\$0.50**  
Toasted **\$0.30**

### Subs & Burgers

Italian meat sub 'w' cheese	\$4.50
Grilled Beef <b>(GF)</b> or Chicken burger <b>(GF avail.)</b> (lettuce, tomato, cheese)	\$5.50
Vege Burger (chickpea & 7 veg) <b>(GF avail)</b>	\$5.50

Sauces on request: tomato, BBQ, sweet chilli or mayo

### Hot Food

Vegetable lasagne <b>(GF avail.)</b>	\$4.50
Soup of the Day with roll <b>(GF avail.)</b>	\$4.50
Butter Chicken <b>(GF avail.)</b>	\$4.50
Macaroni Cheese (home made) <b>(GF avail.)</b>	\$4.00
Lasagne (home made) <b>(GF avail.)</b>	\$4.50
Chicken Nuggets (4 pieces) <b>(GF avail.)</b>	\$2.00
Large Sausage Roll <b>(GF avail.)</b>	\$3.00
<b>All Gluten Free items \$1 extra</b>	
Bacon & Cheese Quiche (home made)	\$2.00
Beef Party Pie	\$1.50
Sweet chilli chicken tender (single)	\$1.50
Mini Dagwood Dog	\$1.50
Mini Hot Dog	\$1.50
Mini Sausage Roll	\$1.50
Spinach & Cheese Roll	\$3.00
Chunky Steak Pie	\$3.20
Pizza Singles (Ham & Cheese, Ham & Pineapple or Meat lovers)	\$3.00
Garlic Bread	\$2.00
Wedges on Wednesday	\$4.00
Sauce portion (tomato, BBQ)	\$0.30

## SNACKS

Seasonal Fresh Five Fruits	\$2.50
Rainbow Jelly (natural colours & flavours)	\$1.00
Slinky Apple, Orange, Mandarin (seasonal)	\$1.00
Watermelon Cup	\$1.50
Smiths Salt & Vinegar Chips	\$1.30
Red Rock Deli Chips (Honey Soy Chicken)	\$1.30
Grain Waves Wholegrain Chips	\$1.80
Snaps Chips <b>(GF)</b> (BBQ, Tangy Salsa)	\$1.30
Bulla Frozen Yogurt (Strawberry or Mango)	\$2.00
Quelch Icy Pole 99% Juice	\$0.80
Sugar Free-zies (natural, zero sugar)	\$1.00

Lemonade Paddle Pop	\$1.20
Mini Calippo	\$1.20
Vanilla Ice Cream Cup <b>(GF)</b>	\$1.10
Milo Scoop Shake Cup	\$3.00
Frosty Fruits	\$2.00

### Cakes & Slices

Lemon Slice	\$1.00
Choc chip muffins Small \$1.00 Large	\$2.00
Chocolate Cake	\$2.00
Chocolate Cake <b>(GF)</b>	\$2.50
Carrot Cake	\$2.00
Carrot Cake <b>(GF)</b>	\$2.50
Lamington	\$1.50

## DRINKS

Pure Spring Water 600ml \$1.60 750ml	\$3.00
Quench Spring Water 350ml	
(Apple & Raspberry, Blue Heaven)	\$2.50
Remedy Organic Kombucha (Raspberry Lemonade, Cherry Plum, Ginger Berry)	\$2.50
Juice Bomb 99% Real Fruit Juice 250ml (Apple & Blackcurrant, Apple & Raspberry)	\$2.50
Big M 250ml (Choc or Strawberry)	\$2.00
Dairy Farmers Milk (Choc or Strawberry)	
Small (300ml) \$2.50 Large (500ml)	\$3.20
Orchy Juice 250ml Preservative Free (Apple, Apple & Blackcurrant)	\$2.50
Orchy Juice 375ml (Apple & Blackcurrant, Orange & Mango, Apple, Orange, Orange & Passionfruit)	\$3.00
Lipton Iced Tea 500ml (Peach, Mango, Raspberry, Lemon, Green Tea)	\$3.50